



Sacred Heart / Sacré Coeur

1846 Gibbs Road, Estevan, SK S4A 1Y2  
634-4249 Fax 634-2585  
<http://sacred-heart.holyfamilyrcssd.ca>



# February, 2018

## Principal's Message

[John 3:16](#) For God so loved the world, that he gave his only begotten Son, that whosoever believeth in Him should not perish, but have everlasting life

During the month of February, Sacred Heart/Sacré Coeur students and staff will be preparing themselves for the season of Lent. As a school community we will be participating in events such as the poverty meal, morning mass with Father Sathi, Family Misson, and special movie events. We will also be hosting small fundraising events to support the Saskatchewan Catholic School Boards Association in paying for legal counsel anticipated for both the Saskatchewan Court of Appeals and the potential Supreme Court of Canada.

Thank you to Mrs. SKjonsby and the reading committee for organizing this month's activities for our Western Themed Reading Month! The theme, "Wanted".....Readers, has helped us to read more and develop valuable skills. Our students are working hard to achieve their goal of reading 3500 books in 16 days. We will be finishing our Reading Month with a country rodeo afternoon on Friday, February 16<sup>th</sup>. Did you know that the single most significant factor influencing a child's early educational success is an introduction to books and being read to at home prior to beginning school?!

February 5<sup>th</sup> - 9<sup>th</sup> is Second Language Week. Many activities have been planned for this week to support our French Immersion program.. Our students will be listening to French Music each morning when they come into the school, there will be daily draws, cross graded activities for reading and games, community outings and a picnic lunch!

A reminder to all parents that your children's safety is our biggest concern. We ask that as a visitor at the school you please **stop by the office and sign in** prior to going to your child's classroom. Parents are to enter the school only by the front doors; this also includes before and after school. Please remember to respect all traffic laws when picking up and dropping off your children. We also request that to limit classroom interruptions that if you must speak to your child you ensure to call the school during one of our break times. We appreciate your cooperation with this.

I want to say thank you to our teachers and support staff at Sacred Heart/Sacré Coeur as February 12<sup>th</sup> - 16<sup>th</sup> is Teacher and Staff Appreciation Week. We truly appreciate the work you do with our students. We are blessed to have great people sharing their knowledge and faith and working to make Sacred Heart/Sacré Coeur a great place to be.

Parents are always welcome and encouraged to participate in all Sacred Heart/Sacré Coeur events. It is a great way to support your children and your school and become a more active member of the Sacred Heart/Sacré Coeur Family. This month we will be hosting Ash Wednesday Mass at St. John the Baptist Church. This will be held on Wednesday, February 14<sup>th</sup>. This is a pretty rare situation when Ash Wednesday falls on Valentine's Day (the last time it happened was 1945). Ash Wednesday is a day of fasting and abstinence for those between the ages of 14 and 60. Although children under the age of 14 are excused from this we would like to focus on the special day with an emphasis on penitence and restraint (for everyone) as we mark the beginning of the Lenten season. In order to do this we will be celebrating Valentine's Day on February 13<sup>th</sup> in our classrooms. Teachers will be communicating to parents what activities their students will be completing.

The Sacred Heart/Sacré Coeur Catholic School Community Council is having its regular meeting on Wednesday, February 6<sup>th</sup> at 8:00PM in the SHSC library. Our SHSC Catholic School Community Council continues to support our student body by providing nutritional hot lunches each month, student events, and sponsoring presentations throughout the school. We would especially like to thank the CSCC for sponsoring Stephan Kozan who is the founder of ReadyAimWrite Publishing as well as author. Thanks for your continued support in our school. Everyone is welcome to join us and help this wonderful group support SHSC staff, students and families.

Winter Break is February 19<sup>th</sup> - 23<sup>rd</sup>. Enjoy the break!

God Bless -  
Mrs. Amber Hilstrom



**MILK / HOT LUNCHES**  
**MAKE CHEQUES PAYABLE TO:**  
**HOLYFAMILY RCSSD**

## **Pink Shirt Day**

**This month we are handing out “Smarties” in recognition of all those students who make good choices to be a good friend, show respect to others or be helpful every day.**

**Randon Acts of Kindness on a daily basis is the “smart” thing to do!**

### **Never Stop Milk Program**

We are well underway with our school milk program and are pleased to report most of our SHSC students regularly "DRINK MILK" with their lunches. **MILK COUPONS for 12 milk will be \$14.00 MILK COUPONS for 24 milk will be \$28.00**

Thank you for continuing to support our school milk program.



**Just a reminder—If you have any changes to your child’s registration information, please contact the office ASAP! Address change, Bussing, Phone Numbers, etc.**

### **Medication**

Students are allowed to use non-prescription drugs at school (cough drops, cold remedies, allergy medication, etc.) Please alert us to any serious medical conditions your child might have.

**Teachers ARE NOT PERMITTED** to give out medication. (We **do NOT** store Tylenol, Advil, and / or any other non-prescription drugs at the school). If your child is on medication, **PLEASE** try to arrange for students to take medication before school, after school and / or in the evening. Any students on prescribed medications that are necessary to be taken throughout the day are required to fill out a pupil medication form. If your child's medication (dosage) changes, please notify the school.

### Use of the Telephone

The telephone is an essential part of each school. This is a business phone and must be recognized as such. Parents are asked to **refrain** from calling students **during class time** unless it is an emergency. A message can be left with Mrs. Waldner and your child will get back to you at recess or noon lunch. If you need to contact a teacher please do so before school, recess or during lunch hour. Staff do not normally answer the phone during staff prayer time. (8:40—8:45). Students **MUST** have teacher permission to use the phone. We would like to limit the student use of the telephone for urgent calls only. Please have your child make after-school plans before leaving for school in the morning. All calls are to be kept short.



## REPORT CARD DAY MARCH 9



## Staff Appreciation Week

February 12—16



Career Day February 16



ALL SCHOOLS ASH  
WEDNESDAY MASS @  
10:00AM,  
FEBRUARY 14, 2018

For the safety of our school children, we ask that parents, **PLEASE** do not come in the south or west student doors. The front doors are for parents to sign in.



Week





February 5—9



March 13 & 14

# February, 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 KE KF2 Day 2 <b>Author Stephan Kozan 12:30—2:00PM</b> 	2 KF1 Day 3 Gospel—Wilson <b>7/8F Sasktel Tankard@12</b>	3
4	5 KE KF2 Day 4	6 KF1 Day 5	7 KE KF2 Day 6 Confirmation/ First Eucharist class @6:30PM	8 KF1 Day 1	9 KE KF2 Day 2 Gospel—Adams	10
<b>French Immersion Week</b>						
11	12 KF1 Day 3	13 KE KF2 Day 4 HOT LUNCH (SHROVE)	14 KF1 Day 5 All Schools Ash Wednesday Mass @ 10:00 AM Wear red or pink 	15 KE KF2 Day 6	16 KF1 Day 1 <b>Spirit Day.— Career Day!</b>	17
<b>Staff Appreciation Week</b>						
18 First Sunday in Lent	19 <b>Family Day</b>	20 	21	22	23 	24
<b>February Break</b>						
25 Second Sunday in Lent	26 KE KF2 Day 2 <b>KF2+7/8F skate at 1:00PM</b>	27 KF1 Day 3 <b>KF1+7/8F skate at 1:00PM</b>	28 KE KF2 Day 4	March 1 KF1 Day 5	2 KE KF2 Day 6 Gospel—Seemann	3

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Saskatchewan Justice Presents:  
**Children Experiencing the Divorce or  
Separation of Their Parents Group**  
Facilitated by Shannon Culy, Social Worker

This program is intended to help children adjust and cope with the many changes associated with divorce and separation. The group format helps children learn from each other and realize they are not alone in this situation.

Topics addressed in this program are:

- helping children recognize and talk about their feelings,
  - Understanding the changes that take place
  - Identifying helpful ways to cope
- Ways to prevent the feeling of being “caught in the middle” of parental conflict and “harmful games” parents and children play

These topics will be addressed through discussion groups, games, activities, role plays and videos.

**Saturday February 10, 2018**

**9:30am to 2:30pm Lunch is provided**

**St. Mary's School-use main entrance**

**Ages 6-12 years old**

**There is no cost to attend!**

**Registration is Required**

**For more information or to register call**

**Shannon at 421-7696.**

## Tips to Help You When You Read Aloud

**F**ind a comfortable spot where you and your child can sit side by side.

**C**hoose picture books, stories, nursery rhymes, poems, and fairy tales that you know and enjoy, and that you think your child will enjoy hearing you read.

**OR**

**A**sk your child to select the story or book for you to read. Young children love to hear the same stories over and over again!

**S**elect stories and books that have interesting pictures or photographs to spark your child's curiosity

**A**lways read the selection to yourself first so you know the places in the selection where you could add special effects (for example, a knock at the door), or where using lots of expression will make the story even more interesting.

**T**ry to read to your child at the same time each day so your child can look forward to the time you'll be spending together.



**R**ead at a comfortable speed. You might want to read more slowly when there's a part that is especially interesting, or when you are using lots of expression.

**T**ake time to talk about questions your child might have about: the story, a picture, or a word.

**E**ncourage your child to take part in the reading by: joining in with the familiar parts, guessing what will happen next, or sharing the reading with you

**A**fterwards, talk about what you've just read. Tell your child such things as: why you enjoyed the story or book, the part you liked best, the illustration that you found the most interesting, particular words you found difficult to pronounce, and so on. Invite your child to tell you about those things too! This brief "talking together" time should be a relaxing time that brings the reading time to a comfortable close. If you leave the book out, your child might want to look at it again on his or her own.

Are you interested in learning more about reading aloud? Do you want to know the titles of some good books to read aloud to your child? Search for *The New Read-Aloud Handbook*, by Jim Trelease. You can find it in most libraries and in many bookstores.

## Saskatchewan Catholic School Board Association Announces the Theodore Fundraising Campaign

Let's ensure all wanting a Catholic education can attend *Schools You Can Believe In*.



Join in the Campaign to raise \$300,000 needed to appeal the Theodore Judgement.

- When:** November 14 to December 31, 2017
- Where:** Throughout the province: in our homes, schools, churches, and divisions.
- Who:** Students, parents, grandparents, staff, school divisions, parishioners, provincial Catholic organizations, clergy and friends of Catholic Education, including all bishops of Saskatchewan.
- How:** Either drop off a cheque at the Holy Family division office, local Catholic school or go online at [www.catholicedspirit.ca](http://www.catholicedspirit.ca) . You may request a receipt for income tax purposes.

Please make your contribution today.

We can do this together!



**YOU**

ARE  
INVITED

SACRED HEART'S

**BBQ**



★ **BASH** ★



WYLIE MITCHELL BUILDING

**SAT APRIL 21 5PM**

~ NO MINORS ~

SILENT AUCTION • CASINO • BAR

Advanced tickets only - available at Sacred  
Heart Office or call Alexis - 421-7738